



CAMP CARDINAL HEALTH



JULY 24-27, 2024

Disclaimer: Camp Cardinal Health schedule of events is subject to change.



Ages 3-6 ROMPERS



Wednesday, July 24 | **Dream Big**

Dream Big Day will spark the imagination of the Rompers. We'll read stories and talk about our hopes and dreams. Campers will watch in wide-eyed amazement as The Magician creates a spectacle filled with laughs. To keep imaginations running wild, we'll design our dream world during a build-your-own Legoland workshop. Later, we'll pull out the costumes to get all dressed up, and some surprise famous characters will join us for a musical dance party! To end this magical first day, we'll create our own dreamcatchers to take home.

Thursday, July 25 | **Windy City Sports**

The Rompers will play all day in the spirit of sportsmanship. The day will kick off with Soccer Shootout, where the campers will practice their coordination and learn about one of today's most popular sports. The Rompers Passing Academy will be a highlight of the day when the Chicago Bears mascot, Staley, comes to visit! Later in the day, the baseball fans will also enjoy a special appearance by the Chicago Cubs mascot, Cubby. During our Meet and Greet, campers will be invited to enjoy face-painting and creative balloon twisting! We will read *Janine and the Field Day Finish* by Maryann Cocca-Leffler and *Evie's Field Day: More Than One Way to Win* by Claire Annette Noland. These inspiring stories will help campers learn about the importance of determination and teamwork. There will be plenty of options for friendly competition – from our Basketball Shoot Challenge to an exciting Balloon Volleyball Tournament. This sports extravaganza will have the Rompers jumping for joy!

Friday, July 26 | **Weird Science**

Today, the Rompers will venture into the wacky world of science and continue to learn through play. After suiting up in scientist gear, camp will transform into Live Lab, full of fun testing stations. Campers will enjoy making their own hypotheses and observations in a variety of experiments – including topics such as magnetism, weight and balance, buoyancy, water solubility and capillary action. A visit from the Mad Scientist will amaze the campers with special experiments like "Fire and Ice", the tornado simulator and the "Dino Dig".

Saturday, July 27 | **Animal Mania**

The last day of camp will be a celebration of all things animals! The Rompers will start the day by making bear masks in honor of the visits with the mascots Cubby and Staley. The first special visitors for the day will be the Reptile Guys. Their show will let us get up close and personal with 6 different crawlers! The Rompers will view incredible videos from a special series made by Brookfield Zoo – Bringing the Zoo to You. Then, the Brookfield Zoo Scientists will join us on-site for a workshop called Animal Adaptations. The Rompers will experience another unforgettable animal encounter when the Animal Quest petting zoo comes to visit. Campers will get to meet goats, ducks, chickens, rabbits and turtles! Finally, we'll wrap up our week of fun and learning by creating a special Camp Cardinal Health memory book.



Ages 7-11 ADVENTURERS



Wednesday, July 24 | Lincoln Park Zoo

The Adventurers will spend the day at America's fourth oldest zoo in Lincoln Park. This 35-acre zoo prides itself on being a haven for wildlife and supporting conservation with community involvement. Campers will explore many iconic sights around the zoo - such as The Lion House, The Viking Ship, The Honeycomb, The McCormick Bird House and Rabbit Village. The Train will take the Adventurers for a loop before making a quick stop for lunch and a spin on the Endangered Species Carousel. The campers will meet over 200 species of wildlife to a vast array of plants and gardens. Undoubtedly, this will be an incredible ending for the Adventurers. **Suggested tour time: 10:00am – 4:00pm**

Thursday, July 25 | Millennium Park, Navy Pier and a Lake Cruise!

Millennium Park

The first stop for the campers will be at Millennium Park, where they will be able to take pictures of one of the most famous sculptures in Chicago, The Bean!

Chicago Lake Cruise

After having a great time at Millennium Park, we'll head to Navy Pier to embark on a Lake Cruise. The Adventurers will go on a two-hour private chartered boat cruise along the lake. This tour will provide breathtaking views of the city skyline while campers learn about the architecture of one of America's greatest cities. As if that isn't enough fun, campers will also enjoy an on-board DJ dance party and taste buffet.

Navy Pier

This will be the Adventurers' last stop of the day. Navy Pier is the premier entertainment destination for anyone visiting Chicago. This 3,300-foot-long pier on the shoreline of Lake Michigan offers plenty of opportunities for fun, education and sightseeing. Campers will explore the park and choose their own adventure! While exploring, they'll have a choice of different thrill rides to enjoy, such as The Light Tower, The Wave Swinger, The Drop Tower or the iconic Centennial Wheel.

Suggested tour times: 9:00am – 4:30pm



Ages 7-11 ADVENTURERS



Friday, July 26 | Shedd Aquarium and Adler Planetarium

Shedd Aquarium

Today, Camp Cardinal Health will send the Adventurers on a deep dive into the amazing aquatic world at Chicago's renowned Shedd Aquarium. Campers will attend an educational talk about dolphins. Afterwards, look at the alluring sharks of the Wild Reef, visit the Pacific white-sided dolphins and beluga whales and see the oceanarium. The Adventurers will encounter the aquatic animals that call Shedd home like never before. After lunch, campers will venture to the Adler Planetarium.

Adler Planetarium and Sky Show

The Adventurers will escape to the stars by learning about astronomy of the past and present. To finish off, campers will experience Adler's award-winning Sky Show, the iconic dome theatre where they'll have a front-row seat to observe the universe.

Suggested tour time: 10:00 am – 4:00pm

Saturday, July 27 | Museum of Science and Industry

Campers will head over to the Museum of Science and Industry. After lunch, campers will explore hundreds of topics and artifacts from around the world. A special surprise awaits the campers on the U-505 On Board Submarine Tour. The U-505 is the actual craft that stalked the waters of the Atlantic before it was blown to the surface and captured in 1944. From the cramped quarters to the feel of battle, it's an interactive walk through a piece of history that campers will not soon forget. This is sure to be an incredible ending for the unforgettable Camp Cardinal Health 2024!

Suggested tour time: 9:30am – 1:00pm



Ages 12-17 EXPLORERS



Wednesday, July 24 | **The Brookfield Zoo**

Today, the Explorers will venture to the outskirts of the city to spend the day at the Chicago Zoological Society's Brookfield Zoo. This 235-acre zoo is known across the world for innovative naturalistic, multi-species exhibits, and its international role in animal breeding and conservation. The zoo is home to more than 2,000 animals, including species of mammals, birds, reptiles, amphibians, fish and invertebrates. While at Brookfield, campers will enjoy The Butterfly Garden, a spin on The Carousel and The Safari ride.

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NEW OFFERING!



Childcare for infants and toddlers

Parents and guardians can choose from two care options during camp hours: half day at \$55 per child or full day at \$100 per child. Please make your selections when registering for RBC 2024.

Complimentary childcare will be available for Infants, Toddlers and Rompers on a first come, first serve basis from 7 – 9 p.m. on Thursday and Friday evenings.

Toddlers schedule

Wednesday, July 24 | Welcome to the Windy City

Our youngest Camp Cardinal Health guests will start their camp experience with circle time and songs. Playdoh® and bubbles will also be on hand to play and discover with. Our team of professionals will be ready with many activities that introduce the children to the city of Chicago.

Thursday, July 25 | Prince and Princesses Day

Our nurturing, caring staff will entertain, exercise and care for the young campers. They will have endless fun pretending to be kings, queens, princes or princesses. The Toddlers will spend the day playing games, making crafts, singing along to favorite children's songs and learning the name game. This will be a fun and entertaining way to get to know the other campers and become familiar with the on-site staff.

Friday, July 26 | Ocean Discovery

Today, we will read the Rainbow Fish and make our own fish to adorn the camp walls. We'll learn about sharks and dolphins as well as playing fishing games with our new friends in camp. The day will be jammed packed with fishy fun for all the children while enjoying storytelling, crafts, games, singing and dancing.

Saturday, July 27 | Chicago Adventures

Today, we will immerse ourselves in the life of dinosaurs. Children will create their own dinosaurs to take home to remember their time in Chicago. Next, they will find their own fossils in the sand box. In the afternoon, the fun continues with more games, dancing and sing-alongs.